

## 96.12.18 Workshop Session 48 Hobbies Part 3

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1. Sadly/unfortunately/regrettably I am leading a sedentary lifestyle
2. Despite myself خلاف خواسته ام
3. The devil makes work for idle hands
4. As the saying goes به قول معروف
5. There are exceptions to every rule
6. Make an exception
7. very + n
8. every + singular / every 2/3/4 days
9. one person's interest can appear strange to other people
10. how come
11. root for = support a team
12. It opens you up to new things
13. wait your turn
14. I like hobbies that open you up to new things; in other words, ones that enrich you and give you a new skill
15. Adversity ناملايمات
16. the bigger they are, the harder they fall. هر كه بامش بيش ، برفش بيش
17. lethargy (n) / lethargic (adj) = tired
18. sleep deprivation can render you lethargic
19. downtime/ leisure